

MATTHEW RENZ

A COMPLAINT-FREE® CULTURE

Stop Complaining and Start Living



There is too much complaining in the world!

Matthew Renz shares the power of the **Complaint-Free®** **World**. Participants will learn the psychological mechanics of why we complain, and how to cultivate a high-accountability environment where gratitude outshines complaining.



Complaints & Complainers Lead To...

- **Negative Workplace Culture** - Complaints from customers, coworkers, friends, family, the news, and social media poison attitudes leading to an unhappy, unproductive, and unprofitable workplace culture.
- **Lower Profits** - Complaining increases stress, illness, absenteeism, burnout, and turnover negatively impacting the bottom line.
- **Damaged Health Issues** - Complaining increases stress, anxiety, and burnout limiting the ability to think clearly and perform efficiently.
- **Destroyed Relationships** - Both personally and professionally, complaining creates an atmosphere of negativity in a relationship.

The Complaint-Free® Solution

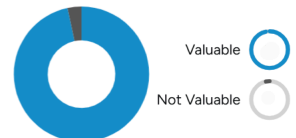
Participants will be introduced to the **21-Day Complaint-Free® Challenge**, a simple but powerful practice that has impacted more than **15 million people** in **126 countries**. We invite you to join our movement.

I make one promise: when you embrace our Complaint-Free® Challenge, you will transform because you will see the world through a new and different lens.

Audience Feedback



96% found this session valuable



92% want to hear Matthew speak again



Attendees found this session

Relevant	96.4%
Inspiring	95.7%
Actionable	95.2%
Engaging	94.5%

Discovery Call Booking Info

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